



*June & July
Newsletter 2026*

UPCOMING TRIPS

HAMPTON BEACH SAND CASTLES



\$30.00

JUNE 18TH, 2026

**LEAVE FROM THE
127 ELM STREET PARKING**

LOT AT 9:00 AM

DEADLINE: JUNE 4TH

THURSDAY, JUNE 18TH, 2026

9:00 PM – 4:00 PM

Join us for a fun summer trip to Hampton Beach to see amazing sand castle creations come to life! After enjoying the sculptures, relax and enjoy your own beach day in the sun!

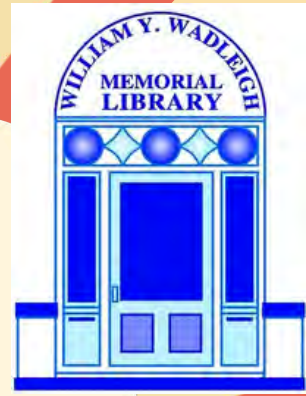


REGISTER NOW





KEYES SUMMER BASH



AT KEYES MEMORIAL PARK

**SATURDAY,
JUNE 27**

**12:00 PM –
3:00 PM**

**FREE
PUBLIC
ENTRY**

EVENT HIGHLIGHTS

**TOUCH-A-TRUCK- FOOD & DRINK VENDORS -
LOCAL BUSINESS VENDORS - COMMUNITY
ORGANIZATIONS & MUCH MORE...
WOULD YOU BE INTERESTED IN BEING A
VENDOR? SCAN THE QR CODE TO REGISTER!**



FOR MORE INFORMATION

CALL (603) 249-0625





KEYES SUMMER

BASH!

JUNE 27TH, 2026

KEYES MEMORIAL PARK

ALL DAY EVENTS 11:30 AM - 7:30 PM



A FUN-FILLED DAY AT THE KEYES SUMMER BASH! ENJOY A BIKE PARADE, TOUCH-A-TRUCK, LOCAL VENDORS, AND RECREATIONAL GAMES, A SOFTBALL GAME, A READING OF THE DECLARATION OF INDEPENDENCE, AND A LIVE CONCERT TO END THE DAY. THERE'S SOMETHING FOR EVERYONE DON'T MISS THIS EXCITING COMMUNITY CELEBRATION!

FREE COMMUNITY EVENT!



**HAMBURGERS & HOTDOGS
12 PM - 2 PM**

FOR EVENT DETAILS, SEE THE OTHER SIDE OF THE FLYER!





BIKE PARADE!

11:30 AM – 12:00 PM

SKATEPARK

BRING YOUR PRE-DECORATED BIKE/SCOOTERS COVERED IN RED, WHITE, AND BLUE TO KEYES SKATE PARK! PRIZES WILL BE AWARDED TO THE WINNERS!



TRUCK & VENDORS

12:00 PM – 3:00 PM

MULTI-PURPOSE FIELD

A TOUCH-A-TRUCK & VENDORS EVENT WHERE FAMILIES CAN EXPLORE BIG TRUCKS UP CLOSE, ENJOY HANDS-ON FUN FOR KIDS, AND SHOP FROM LOCAL VENDORS OFFERING UNIQUE ITEMS AND TREATS



DECLARATION OF INDEPENDENCE

2:50 PM – 3:15 PM POOL STAGE

A SPECIAL READING OF THE DECLARATION OF INDEPENDENCE, WHERE WE COME TOGETHER AS A COMMUNITY TO REFLECT ON OUR NATION'S HISTORY AND CELEBRATE THE MEANING OF FREEDOM AND INDEPENDENCE



RECREATIONAL GAMES

3:15 PM – 4:15 PM POOL STAGE

AMERICAN BACKYARD GAMES, A FUN-FILLED COMMUNITY EVENT FEATURING CLASSIC OUTDOOR GAMES, FRIENDLY COMPETITION, AND SUMMER EXCITEMENT FOR ALL AGES



SOFTBALL GAME

4:30 PM – 5:30 PM KEYES SOFTBALL FIELD

AN EXCITING COMMUNITY SHOWDOWN AS MILFORD PD AND FIRE TAKE ON MHS STUDENTS IN A FUN AND FRIENDLY COMPETITION FILLED WITH GAMES, LAUGHS, AND COMMUNITY SPIRIT



CONCERT

6:00 PM – 7:30 PM

KEYES GRANITE STAGE

JOIN US FOR AN EXCITING COMMUNITY CONCERT, FEATURING GREAT LIVE MUSIC, A FUN ATMOSPHERE, AND A NIGHT OF ENTERTAINMENT FOR ALL AGES AS WE COME TOGETHER TO ENJOY PERFORMANCE, GOOD VIBES, AND SUMMER MEMORIES UNDER THE OPEN SKY!





SUMMER CONCERT SERIES 2026

Wednesday's at Emerson Park

7:00 pm - 8:30 pm

7/1 - Catfish Howl (Mardi Gras Style)

7/8- The Shawna Jackson Band (Country/Rock)

7/15 - Dan Morgan (American Bluegrass)

7/22 - Hollis Town Band (Concert Band Marches)

7/29 - The Belairs (50s - 60s)

8/5 - Amherst Big Band (Concert Band Broadway)

8/12 - Tru Diamond (Neil Diamond Tribute)

8/19 - The Party Crashers

(R&B Soul Classic Pop Rock)

8/26 - Studio Two (Beatles Tribute)



**FOR MORE INFO;
CONTACT US
(603) 249-0625 OR
WWW.MILFORDREC.COM**

ADULT / SENIOR PROGRAMS



AGES 18+

**\$10 DROP - IN
(TUESDAY'S)**

JUNE 2 - AUG 25

6:30 - 7:30PM

TAI CHI

QIGONG/FOUNDATIONS

Experience the calming benefits of Tai Chi & Qigong Foundations, a gentle class focused on slow movements, balance, breathing, and mindfulness. This program is perfect for beginners and anyone looking to improve flexibility, reduce stress, and support overall well-being.

TOWN HALL BANQUET HALL



REGISTER NOW



AGES 18+

\$40 PER SESSION

TUES: JUNE 2 - JUNE 23

THURS: JUNE 4 - JUNE 25

TUES: JULY 7 - JULY 28

THURS: JULY 9 - JULY 30

TAI CHI FORMS

Learn and practice the flowing movements of Tai Chi Forms in this class designed to improve balance, flexibility, and focus. Participants will be guided through a series of gentle sequences that promote relaxation, coordination, and overall well-being. Perfect for beginners and experienced practitioners alike!

5:15 - 6:15PM

TOWN HALL BANQUET HALL



REGISTER NOW

SEATED YOGA



AGES 50+

THURSDAY'S

JUNE 4 – 25 (\$40)

JULY 16 – JULY 30 (\$30)

10:00 – 11:00 AM

Enjoy the benefits of yoga from the comfort of a chair! Seated Yoga is a gentle, accessible program designed to improve flexibility, strength, and relaxation. Perfect for participants who prefer or require a modified approach to traditional yoga.

TOWN HALL BANQUET HALL



REGISTER NOW

YOGA IN THE PARK



MONDAY'S

\$40 SESSION

JUNE 1ST – JUNE 22ND

6 – 7 PM

KALEY PARK

A relaxing and rejuvenating outdoor experience for all skill levels. Join us in a scenic park setting to stretch, strengthen, and breathe deeply while enjoying fresh air and nature. Bring your mat, move at your own pace, and leave feeling refreshed and energized!



REGISTER NOW

SUMMER



YOGA STRENGTH



AGES 18+

\$120 SESSION

WEDNESDAYS

JULY 8 – AUG. 26

8:30 – 9:30 AM

TOWN HALL AUDITORIUM

Build strength, improve flexibility, and enhance balance with our Yoga Strength program. This class combines traditional yoga poses with strength-focused exercises, helping participants tone muscles, increase endurance, and promote overall wellness in a supportive and energizing environment.



REGISTER NOW





Senior Coffee Connections 2026
 Good friends, great fun, activities, presentations...
Milford Town Hall 3rd Floor Banquet Hall
10-11:30am (or as listed below)
2nd Wednesday of the Month (or as listed below)
 Town Hall~1 Union Square ~ Milford, NH 03055
 603-249-0625 ~ recreation@milford.nh.gov
www.milfordrec.com

◦ **March 11th: Community Service Project: Easter Eggs**

Welcome back! ...It's that time of year again and we need your help to fill the Easter eggs for our Annual Milford Easter Egg Hunt! Snacks and beverages will be provided.
 Registration required by March 4th. 603-249-0625

◦ **April 8th: Windows on West Street**
 **** 11:00am \$15 per person ****

Located at Milford High School. Windows on West Street is a student run and operated restaurant that serves as the real-life course for students and an opportunity for community members to enjoy a warm delectable meal.

Limited to 42 People

Registration required by April 1st. 603-249-0625

◦ **May 13th: Breakfast W/Emergency Services**

Enjoy a delicious breakfast while meeting local firefighters, police officers, and first responders! A fun and friendly way to connect, learn, and say thank you to those who keep our community safe.

Registration required May 6th. 603-249-0625

◦ **June 10th: Ice Cream & Movie**

Join us for a cozy morning featuring a classic movie and delicious ice cream treats! Relax with friends as we enjoy a feel-good film and a variety of flavors and toppings to make your perfect scoop. It's a simple, fun way to unwind, socialize, and enjoy a sweet break in the day. Come share good company, good conversation, and a great movie!

Registration required June 3rd (603) 249-0625

◦ **July 8th: Pictionary & Name that Tune**

Join us for an engaging morning filled with creativity, music, and laughter! We'll start with a round of *Senior Pictionary*, where everyone can guess, draw, and enjoy some lighthearted fun. Then we'll switch gears with *Name That Tune*, featuring familiar songs, classics, and melodies you're sure to recognize. It's the perfect opportunity to stay social, keep the mind active, and share smiles with friends.

Registration required July 1st (603) 249-0625

Thank you to our 2026 Sponsors!

**Arthur L. Keyes
 Memorial Trust**



◦ **Aug 12th: Senior Water Fitness Pizza Party**

Join us for a fun and active afternoon that blends exercise and enjoyment! We'll start with a refreshing water-fitness session designed for all ability levels – gentle, low-impact, and great for staying strong and moving comfortably. After the workout, stick around for a relaxed pizza party where you can unwind, chat with friends, and enjoy a tasty slice or two

Registration required by Aug 5th. 603-249-0625

◦ **Sept. 9th: Creating a Flower Arrangement**

Enjoy some snacks and drinks while creating a stunning bouquet with the freshest harvest of farm-grown flowers from Gardent Farms. Their blossoms are sustainably-grown from seed, harvested, and brought straight from their fields to the event. Krista from Gardent Farms, will help you create a bouquet in a mason jar. She will provide everything you need – pre-cut flowers, containers, tools, and guidance – for the perfect summer flower arrangement. \$15.00 per person; Min 20
 Registration required by Sept 2nd. 603-249-0625

◦ **October 14th: Senior Puzzle Palooza**

Join us for a fun and engaging puzzle session! Work together (or compete) to complete a puzzle, test your problem-solving skills, and enjoy some friendly competition with fellow seniors.
 Registration required by Oct. 7th. 603-249-0625

◦ **November 18th (3rd Wed.): Murder Mystery!**

Step into a morning of suspense, intrigue, and clues! Can you solve the mystery before time runs out? Join us for an interactive, thrilling morning full of twists, turns, and fun. Bring your detective skills—the culprit could be anyone!

Registration required by November 11th. 603-249-0625

◦ **December 9th: Senior Holiday Luncheon**

*****12-2pm \$15 per person. *****

Enjoy the spirit of the holidays – join us for a catered full-course turkey dinner. Games, laughter, great merriment and raffle prizes! Please bring a non-perishable food item for SHARE
 Registration required by Nov 18th 603-249-0625.



Boston Red Sox

Join us for an unforgettable Recreation Trip to Fenway Park as we cheer on the Boston Red Sox against The Seattle Mariners!

Experience the excitement of America's favorite pastime, enjoy the iconic sights of Fenway, and soak up the energy of the crowd.

Don't miss your chance to see the Sox in action and make some grand slam memories!

Trip Includes: Transportation & Ticket

September 1st, 2026

Fee: \$75 Res / \$95 NRes

Min 5 Max: 14

Depart from 127 Elm Street Parking Lot @2:00 pm

Deadline: August 18th



For More Info: Contact
(603) 249-0625
or www.milfordrec.com





ISLES OF SHOALS

Join us for an unforgettable day exploring the beautiful Isles of Shoals! Enjoy scenic ocean views, rich history, and a relaxing island atmosphere. This trip offers the perfect mix of adventure and leisure—don't miss out on this unique coastal experience!

- ✔ \$80
- ✔ July 9th, 2026
- ✔ Leave from The 127 Elm Street Parking Lot at 9:30 am
- ✔ Arrive in Milford Approx. 4:30 pm



FOR MORE INFO; CONTACT
(603) 249-0625
WWW.MILFORDREC.COM





Foster's Clambake

AUGUST 13TH, 2026

JOIN US FOR A FEAST THIS SUMMER. WE WILL EAT LUNCH AT FOSTER'S PAVILION, WHERE YOU WILL ENJOY LOBSTER, CLAM CHOWDER, STEAMED CLAMS & MUSSELS, SWEET CORN ON THE COB, ROASTED RED BLISS POTATOES AND ONIONS, ROLLS AND BUTTER, AND BLUEBERRY CAKE.

**\$75 PER
PERSON**



**FOR MORE INFO; CONTACT
(603) 249-0625
WWW.MILFORDREC.COM**





Foster's Clambake

AUGUST 20TH, 2026

JOIN US FOR A FEAST THIS SUMMER. WE WILL EAT LUNCH AT FOSTER'S PAVILION, WHERE YOU WILL ENJOY LOBSTER, CLAM CHOWDER, STEAMED CLAMS & MUSSELS, SWEET CORN ON THE COB, ROASTED RED BLISS POTATOES AND ONIONS, ROLLS AND BUTTER, AND BLUEBERRY CAKE.

**\$75 PER
PERSON**



**FOR MORE INFO; CONTACT
(603) 249-0625
WWW.MILFORDREC.COM**



REMEMBERING JOHN DENVER



THURSDAY, SEPTEMBER 17TH, 2026.

4:00 PM – 10:30 PM

Don't miss Remembering John Denver at The Manchester Palace Theatre. A heartfelt tribute celebrating the music of John Denver featuring timeless favorites like "Take Me Home, Country Roads," "Annie's Song," and "Rocky Mountain High." A beautiful night of classic songs, memories, and feel-good music you won't want to miss!

RES: \$75 NRES: \$80

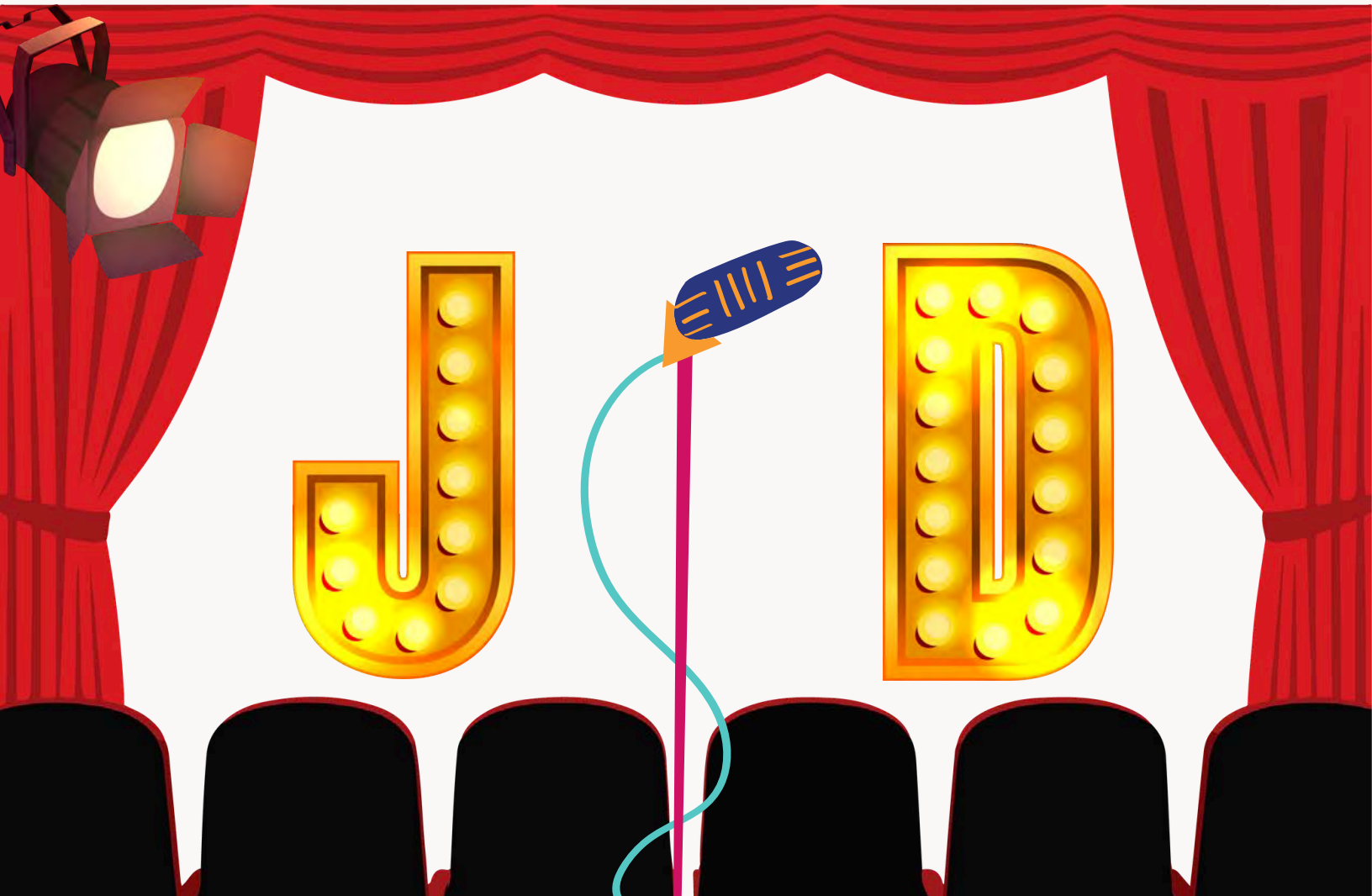
MIN: 5 MAX: 14

**DEPART FROM THE 127 ELM
STREET PARKING LOT AT
4:00 PM**

**REGISTRATION DEADLINE:
9/10**



REGISTER NOW





ARCHERY

Join us for a fun and friendly introduction to archery! Learn proper form, safety basics, and how to hit the target with confidence. No experience needed - all equipment provided. Discover your aim and enjoy a great time with others learning the sport!

Fee: Res: \$85 NRES: \$90

Wednesday's

7/8 - 7/29

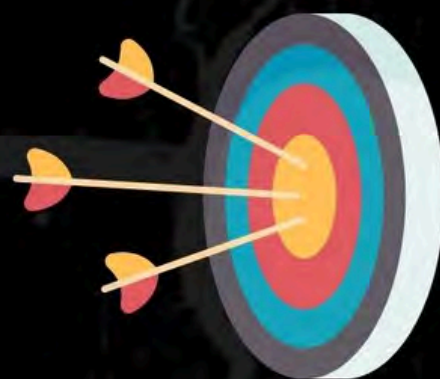
5:30 pm - 6:30 pm

All Ages Welcomed!

Min: 5 Max: 12

Adams Field

Registration Deadline: 7/7



For More Info: Contact
(603) 249-0625
or www.milfordrec.com



YOUTH SUMMER CAMPS




SKYHAWKS SOCCER

BUILD SKILLS, CONFIDENCE, AND TEAMWORK IN A FUN AND SUPPORTIVE ENVIRONMENT! THIS CAMP FOCUSES ON FUNDAMENTALS, DRILLS, AND GAME PLAY—PERFECT FOR PLAYERS OF ALL SKILL LEVELS. GET READY FOR AN ACTIVE SUMMER FILLED WITH LEARNING AND FUN ON THE FIELD!

JUNE 29 - JULY 3 (9AM - 12AM) - KEYES MULTIPURPOSE FIELD
FOR BOYS & GIRLS AGE 5 - 10 MIN: 8 MAX: 20

FOR MORE INFO; CONTACT
 (603) 249-0625
 WWW.MILFORDREC.COM






SKYHAWKS FLAG FOOTBALL

JULY 13 - 17
9AM - 12PM

KEYES MULTIPURPOSE FIELD

FOR BOYS & GIRLS AGE 6-10
REGISTRATION \$185
 MIN: 8 MAX: 20

Get active and have fun while learning the fundamentals of flag football! Participants will build skills, teamwork, and confidence through age-appropriate drills and games in a safe, non-contact environment. Perfect for beginners and experienced players alike!

WWW.MILFORDREC.COM




SKYHAWKS BASKETBALL

JULY 27 - 31 VS AGES: 6 - 10

\$185 9 am - 12 pm
Min: 8 Max: 20
Keyes Basketball Court

JOIN US FOR AN EXCITING YOUTH BASKETBALL PROGRAM FOCUSED ON SKILL DEVELOPMENT, TEAMWORK, AND FUN! PARTICIPANTS WILL LEARN THE FUNDAMENTALS OF DRIBBLING, PASSING, SHOOTING, AND GAME PLAY IN A SUPPORTIVE AND POSITIVE ENVIRONMENT. PERFECT FOR PLAYERS OF ALL SKILL LEVELS!



FOR MORE INFO; CONTACT
 (603) 249-0625
 WWW.MILFORDREC.COM




ARCHERY

Join us for a fun and friendly introduction to archery! Learn proper form, safety basics, and how to hit the target with confidence. No experience needed - all equipment provided. Discover your aim and enjoy a great time with others learning the sport!

Fee: Res: \$145 NRES: \$165
August 3rd - 5th
9:00 am - 11:00 am
All Ages Welcomed!
Min: 5 Max: 12
Adams Field
Registration Deadline: 8/2



For More Info; Contact
 (603) 249-0625
 or www.milfordrec.com



YOUTH SUMMER CAMPS

Milford Recreation Department

100 West Street ~ Milford, NH 03055
Phone (603) 673-4201



BOYS LACROSSE Clinic – 2026

WHO: Boys ages 7-14

WHEN: Monday - Friday, June 22 - 26th
9:00 a.m. - 12:00 noon

WHERE: Football Practice Field,
100 West Street, Milford, NH 03055

COST: \$100 Milford Resident/ Milford Middle School Student
\$125 Non - Resident

Boys Equipment Required: Helmet, mouth guard, athletic cup, shoulder pads, arm pads, gloves, cleats, stick, personal water bottle, snack and sunscreen.

Registration: DEADLINE to register is **Friday, June 19th**.

PROGRAM DESCRIPTION:

- Features experienced Lacrosse coach/instructor. (Milford HS Head Varsity Coach Darren Fleury)
- Every player will be given individual and group instruction with an emphasis on basic fundamental skills. Contact limited.
- Learn the latest techniques of the game. Refine skills to improve your level of play. Strengthen team concepts and strategies.
- This program is ideal for the player determined to prepare for middle and high school level of play.
- Camp will be held rain or shine, so be prepared.

Registration Link:

<https://milfordnh.recdesk.com/Community/Program/Detail?programId=2945>

These materials are neither sponsored nor endorsed by the Milford School District



DANCE & CRAFTS!

Join the most exciting dance, crafts and story experience for kids aged 2-5



- ◆ Dancing
- ◆ Stories
- ◆ Crafts

**PARENTS MUST
REMAIN AT THE
PROGRAM!**

AUGUST 10TH | 10:00 AM – 11:30 AM

Milford Town Hall Auditorium

\$25 per child



Fun, learning, and rhythm all in one place!

www.milfordrec.com



DANCE & CRAFTS

Let's Move and Groove!

Join us for a fun-filled dance day for kids ages 6 to 10.
A celebration of rhythm, movement, and joy!



DANCE STYLES:

- Tap
- Jazz Funk
- Ballet Basics
- Dance Games
- Floor Routine

WEDNESDAY, AUGUST 19TH
9:45 AM - 12:00 PM
Milford Town Hall 3rd Floor
Auditorium

\$35 per child

www.milfordrec.com



KEYES POOL PASS



THE MILFORD RECREATION DEPARTMENT INVITES YOU

REGISTER FOR 2026 POOL MEMBERSHIPS

MAKE A SPLASH WITH THE MILFORD RECREATION DEPARTMENT! REGISTRATION FOR POOL MEMBERSHIPS OPENS ON FEBRUARY 2, 2026. A POOL PASS IS REQUIRED TO SWIM IN THE POOL, GIVING YOU FULL ACCESS TO SWIM LESSONS, AQUATIC PROGRAMS, AND OPEN SWIM FOR ALL AGES.



**FOR MORE INFO; CONTACT
(603) 249-0625 OR
WWW.MILFORDREC.COM**





SWIM LESSONS

LEARN TO SWIM IN A SAFE, SUPPORTIVE ENVIRONMENT!
OUR SWIM LESSONS FOCUS ON WATER SAFETY, BASIC
SKILLS, AND STROKE DEVELOPMENT WHILE BUILDING
CONFIDENCE FOR SWIMMERS OF ALL LEVELS.

MONDAY - THURSDAY

"RAIN DATE FRIDAY"

S1: 6/22 - 7/2

S2: 7/6 - 7/16

S3: 7/20 - 7/30 S4: 8/3 - 8/13

TIMES:

9:30 AM - 10:00 AM

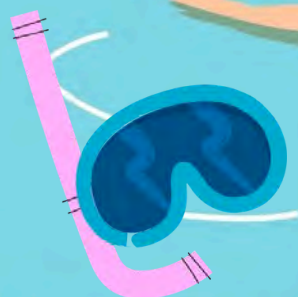
10:15 AM - 10:45 AM

11:45 AM - 12:15 AM

FEES:

RES: \$50 NRES: \$60

**MUST HAVE A
POOL PASS!**



**FOR MORE INFO; CONTACT
(603) 249-0625 OR WWW.MILFORDREC.COM**

Milford Recreation Swim Lessons

AGES	LEVEL	COMPLETION REQUIREMENTS
6 mo.-3 years	SWIM LIKE A FISH (Parent and Child) Parent and child swim lessons are designed to introduce children to the water at an early age. Little ones will increase their comfort in the water through fun activities, singing, games and basic swim instruction.	
3-5	AQUA ANIMALS Aqua Animals will learn to be comfortable in the water. They will learn to put their faces in the water and become comfortable with supported floating on their front and back. Supported floating and gliding on front and back Basic movements and kicks Safety	Pass to Starfish Unsupported float on front and back Put face in water, blow bubbles
5+	STARFISH (Level 1) Starfishswimmerswill learn to glide unsupported on their back and front, and swim using alternating arm and leg actions for approximately 2 body lengths. They will practice putting their faces in the water, bobbing and retrieving submerged items. Unsupported floating and kicking on front and back Alternating arms Life jackets	Pass to Otters Front glide 2 body lengths Retrieve submerged items Back float unsupported
5+	OTTERS (Level 2) Otters swimmers will improve their Starfish skills so that they can swim for approximately 5 body lengths on their back and on their front with combined arm and leg actions. They will practice retrieving submerged items and float on their back for 15 seconds. Combined stroke and kick on front and back Rotary breathing Safety Skills	Pass to Seals Combined arms and legs to flags on front and back Float on back for 15 seconds
5+	SEALS (Level3) Sealswilllearn tojump into the pool, fully submerge and recover to the surface and return to the side. They will learn the front crawl and elementary backstroke. They will also learn to push off in a streamline and begin kicking. Elementary Back Stroke Diving Treading water Breaststroke kick Flutter kick and dolphin kick	Pass to Dolphins Elementary backstroke 25 yards Front crawl 25 yards Push off in a streamline with dolphin kicks, surface and start flutter kicks
5+	DOLPHINS (Level 4) Dolphins swimmers will learn the breaststroke and start to learn the butterfly. They will practice swimming the front crawl and elementary backstroke for a full length of the pool. Breaststroke arms and legs Back Crawl Safety skills Butterfly Standing dive	Pass to Swim Team Prep 25 yards of Front Crawl, Back Crawl and Breaststroke Butterfly to flags Standing dive
5+	SWIM TEAM PREP Thisclasswillfocusondiving, flip turns and refining the 4 competitive strokes. Diving Flip Turns/Open Turns Stroke work	



PRIVATE SWIM LESSONS

Make a splash with personalized instruction! Our private swim lessons offer one-on-one coaching for all ages and skill levels, helping swimmers gain confidence, improve technique, and have fun in the water.

-
- Limited place available
 - Available for ALL AGES!
 - Week Lessons
 - Monday - Friday

10:15 am - 10:45 am

\$75 Res

\$85 NRes

MUST HAVE A POOL PASS!

www.milfordrec.com



Milford
RECREATION
DEPARTMENT



MILFORD KEYES SWIM TEAM



A FUN, TEAM-BASED PROGRAM FOCUSED ON BUILDING SWIM SKILLS, CONFIDENCE, AND ENDURANCE. SWIMMERS WILL IMPROVE ALL FOUR STROKES WHILE LEARNING TEAMWORK, SPORTSMANSHIP, AND A LOVE FOR THE SPORT.

**MUST
HAVE A
POOL PASS**

**MONDAY - FRIDAY
JUNE 22 - AUGUST 7
8:00 AM. - 9:00 AM
RES: \$85 NRES: \$95**

**MUST
HAVE A
POOL PASS**

**FOR MORE INFO; CONTACT
(603) 249-0625 OR WWW.MILFORDREC.COM**



SWIM

TEAM PREP

GET READY FOR THE SWIM TEAM! THIS PROGRAM FOCUSES ON STROKE REFINEMENT, ENDURANCE, AND POOL READINESS WHILE BUILDING CONFIDENCE IN A FUN, SUPPORTIVE ENVIRONMENT.



KEYES MEMORIAL POOL

MON – THURS

9:30 AM – 10:00 AM

S1: 6/22 – 7/2

S2: 7/6 – 7/16

S3: 7/20 – 7/30

\$40

RES

\$50

NRES

**FOR MORE INFO; CONTACT
(603) 249-0625 OR WWW.MILFORDREC.COM**



BRUNCH BINGO!

**EVERY 4TH WEDNESDAY
MARCH - NOVEMBER**

BINGO!

JOIN US FOR A LIVELY BINGO SESSION FILLED WITH LAUGHS, PRIZES, AND GOOD COMPANY! WHETHER YOU'RE A SEASONED PLAYER OR TRYING IT FOR THE FIRST TIME, EVERYONE'S WELCOME. GRAB YOUR CARDS, MARK YOUR NUMBERS, AND GET READY TO SHOUT BINGO!

**\$3 FOR BINGO CARDS
\$3 MEALS ON WHEELS LUNCH
CALL CAROL MCKILLIP TO
RESERVE A LUNCH!
(603) 424-9967**

12 PM - 2 PM

TOWN HALL AUDITORIUM



**FOR MORE INFO; CONTACT
(603) 249-0625 OR
WWW.MILFORDREC.COM**

2026 SPONSORSHIP OPPORTUNITIES!



Milford Recreation Department

2026 Sponsorship Program



VISION

To provide opportunity for each and every citizen to enrich their quality of life by offering a full spectrum of community-driven recreation activities for all ages through the provision of recreation and parks services.

MISSION

The Milford Recreation Department is committed to enriching the quality of life for all residents by:

- Offering diversified programming, activities and events.
- Assessing and responding to parks and amenities needs.
- Collaborating with community groups that share an interest in recreational goals.

Contact: John Kohlmorgen
recreation@milford.nh.gov
(603) 249-0625 www.milfordrec.com

THANK YOU, SPONSORS 2026!



ABA CENTERS
— OF AMERICA —
Proven Autism Care



Determined
Martial Arts

**Arthur L. Keyes
Memorial Trust**



**MILFORD
AREA
SENIORS**

Milford NH
Rotary
Club



DEPARTMENT INFO

**LOOKING TO CREAT AN
ACCOUNT - CLICK
HERE!**



(603) 249-0625



recreation@milford.nh.gov



1 Union Square, Milford, NH. 03055



milfordnh.recdesk.com



@milfordnhrecreation



Milford Recreation Department

**IF A TRIP IS FULL, AND YOU WANT TO GO
ON THE TRIP, PLEASE CALL, AND WE'LL
PUT YOU ON THE WAITLIST!**

CLICK HERE

